

Buffalo Chicken Tenderstix (3.2017)

Nutrition Facts	
Serving Size 1 piece (82g/2.9oz)	
Servings Per Container 24	
Amount Per Serving	
Calories 180	Calories from Fat 80
% Daily Value*	
Total Fat 8g	13%
Saturated Fat 2.5g	12%
Cholesterol 40mg	14%
Sodium 670mg	28%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	2%
Sugars 1g	
Protein 14g	
Vitamin A 2%	• Vitamin C 15%
Calcium 8%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Chicken, Batter Mix (Bleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, Salt, Wheat Gluten, Maltodextrin, Corn Syrup Solids, Spices, Nonfat Milk, Palm Oil, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Onion Powder, Partially Hydrogenated Soybean Oil and Cottonseed Oils, Yeast, Whey, Sugar, Aged Red Peppers, Garlic Powder, Natural Flavors, Malted Barley Flour, Vinegar, Spice Extractive, High Oleic Sunflower Oil, Guar Gum, Xanthan Gum, Monoglycerides, Citric Acid, Extractives of Paprika (color), Turmeric (spice and coloring). Bread Crumbs (Wheat Flour, Salt, Yeast)), Water, Pasteurized Processed Swiss Cheese (Swiss Cheese (Cultured Milk and Skim Milk, Salt, Enzymes), Water, Cream, Sodium Phosphate, Artificial Color, Milk Fat, Salt, Enzyme Modified Cheese Flavor, Sorbic Acid (preservative)), Soybean Oil, Cayenne Pepper Puree (Cayenne Pepper, Salt, Vinegar), Non Fat Milk (Nonfat Dry Milk, Whey Solids), Ranch Seasoning (Seasoning (Soy Protein Isolate, Non-Fat Milk Solids, Salt, Hydrolyzed Soy and Wheat Protein, Sodium Phosphate, Dextrose, Onion Powder, Spice Extractives) Soybean Oil, Vinegar, Modified Food Starch, Natural Flavors, Ground Red Pepper, Sodium Phosphate, Citric Acid, Edible Adhesive (Corn Syrup Solids, Modified Corn Starch, Guar Gum), Butter Flavor (Maltodextrin, Modified Food Starch, Natural Flavor (with milk)), Xanthan Gum), Potassium Sorbate and Sodium Benzoate (preservatives).

CONTAINS WHEAT, MILK AND SOY

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